



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661
Established in 2004, under Nirmala College Society (Reg.No.ER
928/2001

WOMEN CELL

Webinar on Importance of Antenatal Care

Date and Time	18/09/2021, 3pm
Venue	Online
No. of students participated	50

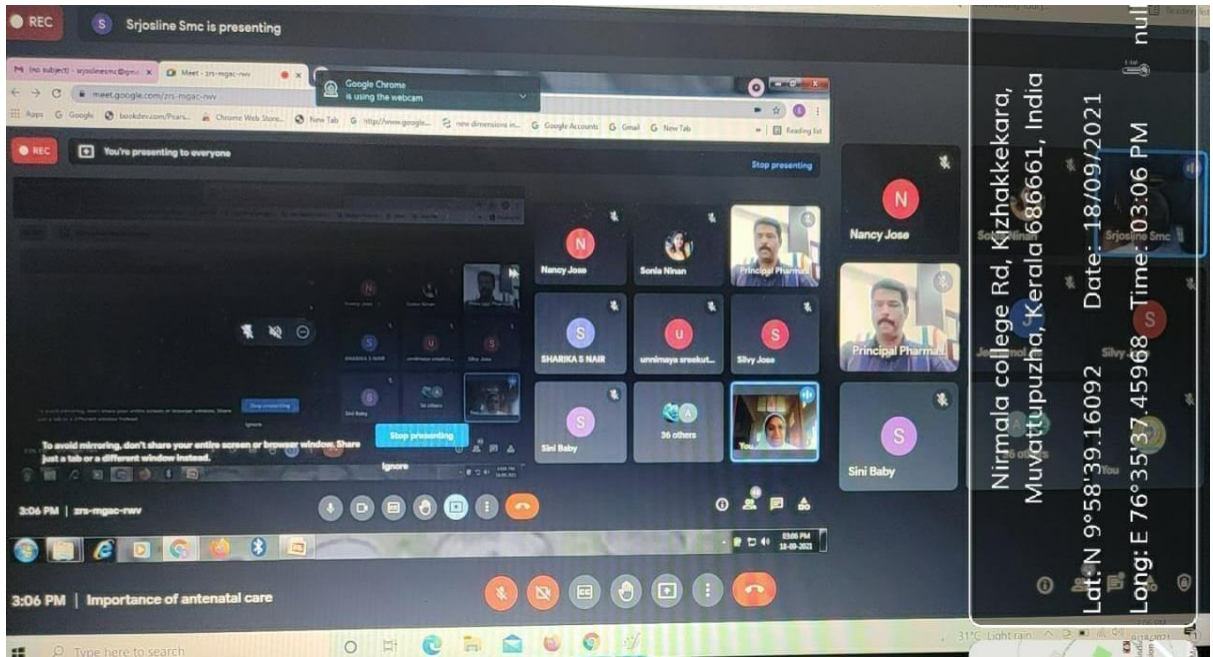
Webinar on importance of Antenatal care (Focus on nutrition during pregnancy and lactation) was organized by Women Cell in association with NSS Nirmala College Of pharmacy Muvattupuzha on 18 September 2021 Saturday from 3 to 4 pm. Approximately 50 participants including pregnant and lactating women from different parts of Kerala, faculty and students of Nirmala College of Pharmacy attended the webinar. The event began with a welcome address by Principal Dr. Badmanaban R.

Dr. Sr. Josline SMC ,Associate professor of Mar Sleeva College of Nursing Cherpunkal ,St Martha's Convent, Pala was the invited speaker of the webinar. Ms Nancy Jose ,member of Women cell (Department of pharmacology) introduced the speaker and invited to deliver the topic. Dr. Sr. Josline delivered her vast insights and knowledge on the topic “ Importance of Antenatal Care”. With the powerpoint presentation prepared, the audience was intricately made aware of different aspects of pregnancy. The webinar last for one hour. The Speaker narrated about the precautions to be taken during pregnancy in the first trimester, the importance of medicines to be taken, and the diet to be followed during pregnancy. The webinar concluded with a vote of thanks by Ms. Rony Rose George. student representative of VI Pharm.D.

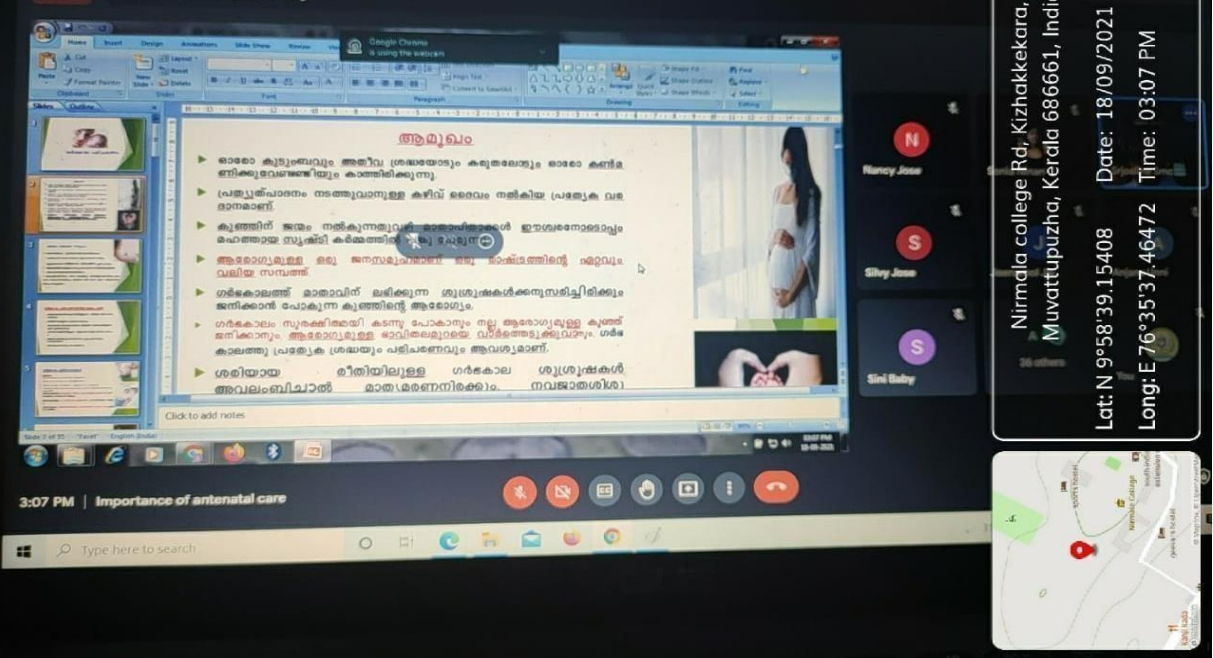


Webinar was successful in providing new knowledge to the society.



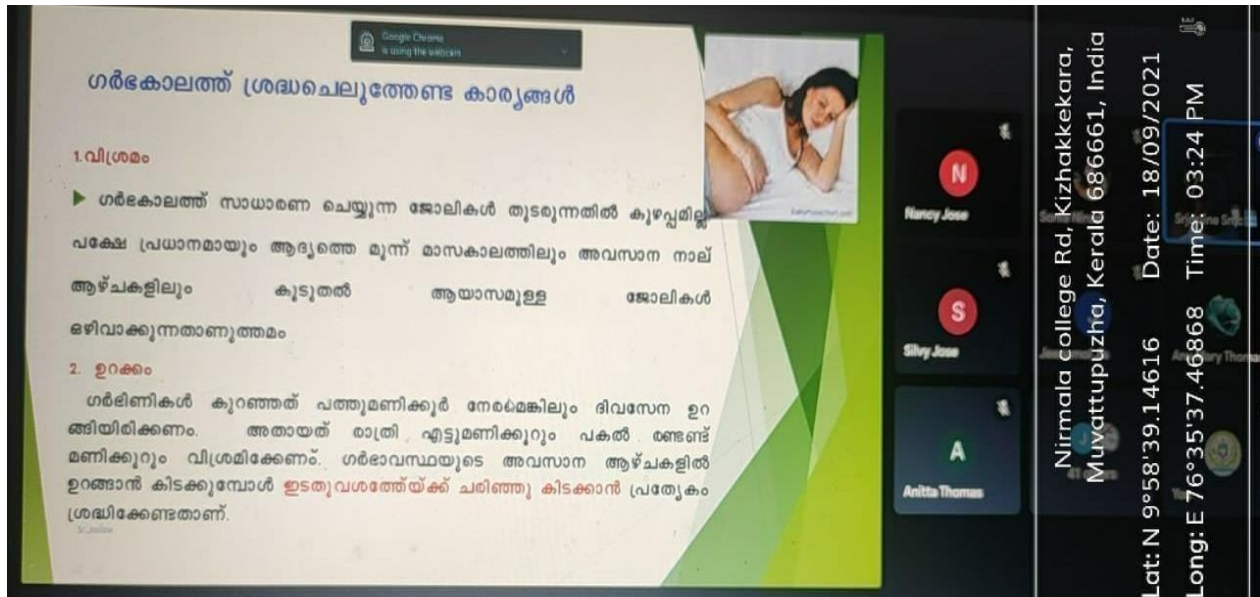


Pic I talk by principal



Pic II Directions in pregnancy time



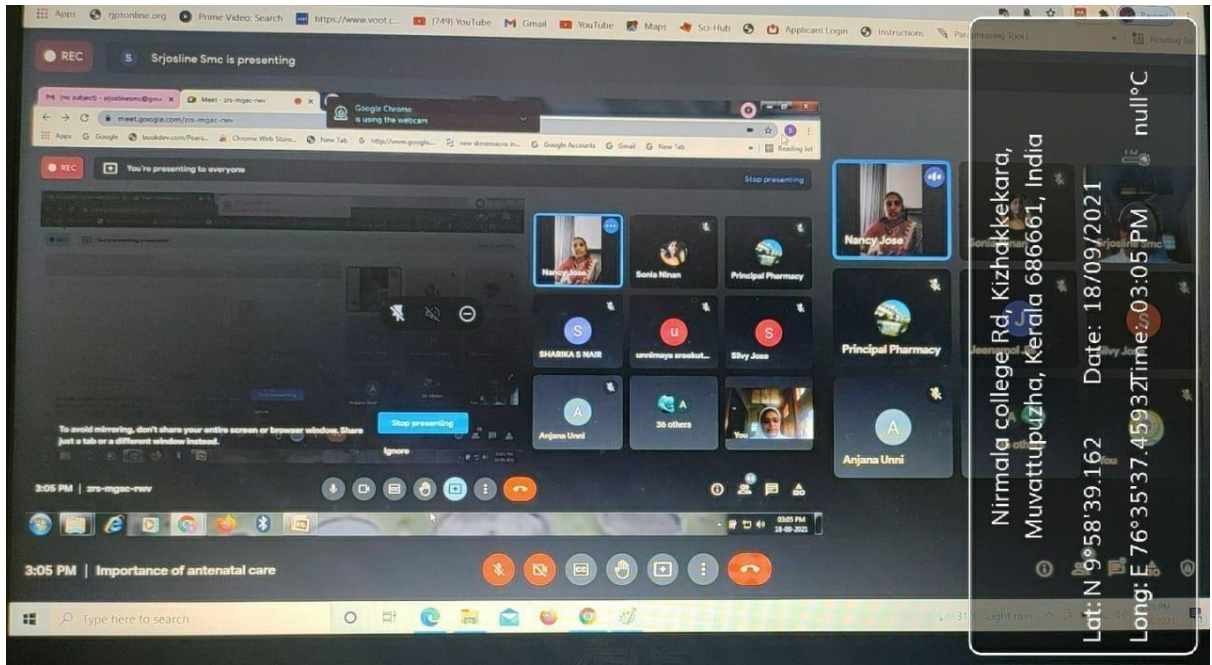


Pic iii Instructions for Pregnant Women



Pic iv Key note Address





Pic v Open Discussion

